



All Things Light & Love, LLC

Healing From Within

Reiki Client Intake Form

Today's Date _____ (Please Print) All Information is Confidential

Client Information:

Name: _____ Occupation: _____ D.O.B. _____

Address: _____ City: _____ State: _____

Email: _____ would you like to receive email promotions/specials? Y N

Home Phone: _____ Cell Phone: _____

Emergency Contact Name & Phone No.: _____

How did you hear about my practice? _____

Health History:

Have you ever received a Reiki Session before? Y N If yes, date of last session: _____

What was your experience like? _____

Are you sensitive to fragrances or scents? Y N Are you pregnant? Y N Due Date: _____

(Use of candles and incense is customary. Please let me know if you prefer they not be used)

Are you sensitive to touch? Y N Do you have difficulty lying down? Y N

Are you currently under the care of a physician? Y N If yes, for what condition(s) & how long: _____

Please list any surgeries or major health incidents (& when occurred): _____

List all medications & supplements and reason for their use: _____

Are there any medical conditions you are currently dealing with? Y N Please check all that apply:

Blood Conditions Immune System Conditions Respiratory Conditions Bone or Joint Issues
 Chronic Pain Cancer (currently) Viral Infections Headaches Intestinal Conditions Other

Specifics/further explanation of above checked condition(s): _____

Do you have any medical devices (Insulin pump, Pacemaker, Temporary IV, etc.) that I should be aware of? Y N

If yes, please identify _____

What is your goal/expectation for today's session? (check all that apply)

Relaxation Stress Reduction Pain Reduction Emotional Healing Spiritual Healing General Wellness
 Other (please explain) _____

What is your session preference? (place a check mark next to the preferred method)

Hands-on Hands-off No Preference

Please check if you are comfortable with me using any of these modality tools during your session(s):

Smudging Pendulum Crystals Verbalizing requests for Divine Intervention
 Meditation Techniques Positive Visualization Angel Oracle Cards

Do you have any additional information you wish to make me aware of, or any concerns or questions before your

Reiki Session begins? _____



Policies and General Information

Appointments and Scheduling

Arrival Time: Please arrive fifteen minutes early for your first session in order to complete a client intake form. Form must be completed and signed before services can begin. Please arrive five minutes early for subsequent appointments to review your information and get situated. The time we set aside for your appointment is completely yours. If you are late to your session, you are missing out on your Reiki time. Arriving late may result in a shorter session at full price.

Appointments for Minors: Minors under the age of 17 must be accompanied by a parent or legal guardian for each session. Minors of driving age (typically age 17) must be accompanied by a parent or legal guardian for their first visit/session.

Cancellation/Rescheduling: 24 hour cancellation/rescheduling notice is requested.

No-Show Policy: No-show clients, clients canceling less than 2 hours before appointment time, and clients canceling more than three consecutive times may be billed for the entire service and/or required to pre-pay in order to be rescheduled. If I fail to show for a scheduled appointment, your next session will be free.

Contagious Medical Conditions: Practitioner retains the right to refuse service to any persons who are sick with a contagious virus or infection (in which case a new appointment will be scheduled). *Please be considerate of the health of others and reschedule if you are sick!* Please note that I can also perform Distance Reiki. If you are sick but do not want to miss your session, contact me to discuss a Distance Reiki Session for your appointment time.

Forms of payment accepted: Payment is due at the time of service. All fees are subject to change. Client should confirm price at the beginning of service. **Cash, Local Checks, and Credit Cards are accepted.** Returned checks will require cash payment within 24 hours of notification of returned check, plus \$25 returned check fee. Post-dating checks is not permitted. Payment is expected at the time of service. I do not handle insurance forms, but will be glad to give you a receipt for you to submit to your insurance company for possible reimbursement. Some insurance companies may cover holistic healing treatments, check with your insurance carrier.

Privacy, Confidentiality, and your Comfort

Privacy Policy: Your information will be kept confidential. Information will only be shared with your healthcare provider(s), upon a written request from you, for the purpose of consults or coordination of care.

Confidentiality and Conversation: The discussion between Reiki Practitioner and Client is confidential. The Client may or may not choose to talk during the Reiki Session. It is inappropriate for a Reiki Practitioner to discuss the Practitioner's personal life with the Client. As of the date of this policy, Reiki does not fall under the same NJ State guidelines as other holistic modalities (such as massage or acupuncture to name but two). Should NJ State guidelines be established for Reiki at any time, we/I (All Things Light & Love, LLC) will conform to state mandates and requirements and as such may be required to release records under a court order, or to your doctor.

Your comfort: Feedback about the effectiveness of the session, your comfort level for any head, back or arm rest positions as well as your comfort level using any modality tools (which may include the pendulum, crystals, verbal visualization, etc) and their effectiveness is welcomed and encouraged, as it helps me to refine and improve our sessions. Please feel free to share this type of information with me, as you become aware of it, during or after the session. Sometimes it is hard to remember areas that are sensitive, room temperature, our senses, sound, etc. until they are experienced. Additionally, please advise practitioner of any new ailments, issues or conditions that may require special attention or new accommodations.

Respect of Client Boundaries: The Client will be fully clothed during the Reiki Session. All Reiki hand positions on or around personal body part areas will be accomplished in a "hands-off" manner. Sexual interaction or discussion of any kind between the Client and the Reiki Practitioner is NEVER appropriate.

- The Reiki room door is never locked.

Lisa A. Carrick, Reiki Master
732-693-9206 (Cell) ♥ 732-229-8242 (Home)
email: AllThingsReiki@comcast.net
website: www.allthingslightandlove.com

- The Client may stop the session at any time and is free to leave.
- The Client may refuse any Reiki methods, tools or techniques.

If at any time, you feel that another Reiki Practitioner would better serve you, please ask for a referral. If we do anything that makes you feel uncomfortable, tell us. We will not be offended as we hold our Reiki Session policies to a very high standard.

Other General Information

- All services, including gift certificates, are non-refundable.
- Clients will be required to mute/turn off all cell phones and electronics.
- Practitioner is not responsible for items or items left behind.
- Practitioner retains the right to refuse service to any persons appearing to be under the influence of alcohol or drugs.
- Any sexual advances, sounds, comments or innuendos as well as any rude or violent behavior will result in immediate ending of the session and reported to the appropriate legal authorities.

Sanitation and Hygiene and Water Intake

Sanitation and Hygiene: Our Reiki Session policies on sanitation are that all equipment and any linens that come in contact with the Client will be cleansed in an approved method. Before and after each Reiki Session, the Reiki Practitioner's hands will be washed with hot soapy water and a disinfecting solution. Any breaks in the skin of the Reiki Practitioner will be covered with protective coverings. The Client must inform the Reiki Practitioner of any breaks in his/her skin, and these areas will be covered or Reiki treatment of that area will be conducted "hands-off" (hovering over the area).

Water Intake: Since Reiki loosens blocked energy and dissipates stagnated energy, it is recommended that you drink plenty of water following your session to cleanse and hydrate your body. After a Reiki session, most people feel very relaxed. Some experience freedom from long-term aches and pains developed from tension or repetitive activity. As Reiki energy has intelligence, it will often continue to flow through your body, mind and spirit after the session has ended. The Reiki energy may continue its healing while you meditate or exercise or when you go to sleep that night. It knows when your body is most apt to accept all of the healing energy from the Reiki Session. Keeping your body well hydrated is a healthy practice.

A restful sleep: You may find you sleep very well after a Reiki Session. You may also be very aware of your dreams as your mind and your spirituality can be heightened. You may be open to receiving messages while you sleep or perhaps awakened from your sleep with a message. Therefore it is suggested that you keep a notebook and pen next to your bed to record any messages during the night or your dream(s) upon awakening.

Wishing you abundant Reiki Blessings, today and everyday.

Lisa A. Carrick, All Things Light & Love, LLC 04 April 2014 Policies-01

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